

## Resultat John Bauer Trail Run

Datum: 2019-10-19  
Plats: IKHP-stugan  
Tävlingsled.: Anders Grönvall

### M 18 km

Plac	Nr	Namn	År Klubb/stad	Tid	Avstånd	Backtid 1	Backtid 2	Backplac.
1	64	Benjamin Claesson	2 Jönköpings OK	1:21:41,7		00:02:31	00:02:47	3
2	95	Jimmy Iby	84 IK Hakarpspojarna	1:22:22,4	0:00:40,8	00:02:30	00:02:34	1
3	60	Robert Nilsson	84	1:25:03,8	0:03:22,1	00:02:57	00:02:53	5
4	54	Jacob Nyström	77 IFK Österbymo	1:26:23,4	0:04:41,7	00:02:41	00:02:43	2
5	16	Johan Gyllensvärd	90 Jönköping	1:28:17,1	0:06:35,4	00:03:17	00:03:27	18
6	87	Joackim Larsson	80 LSSK	1:29:54,4	0:08:12,8	00:02:39	00:02:59	6
7	58	Mikael Laposa	84 Ulrisehamn	1:31:11,9	0:09:30,2	00:03:01	00:03:05	7
8	39	Emil Rune	98 Axa SC	1:31:37,1	0:09:55,5	00:02:58	00:02:48	4
9	47	Fredrik Svensson	71 Jönköpings OK	1:32:32,3	0:10:50,7	00:02:58	00:03:19	13
10	23	David Johansson	80 Nässjö Ski	1:33:32,1	0:11:50,4	00:03:06	00:03:18	12
11	19	Andreas Hägglund	81 Huskvarna	1:35:39,2	0:13:57,5	00:03:15	00:03:24	15
12	12	Christian Gresell	87 Pölder Sport	1:36:53,3	0:15:11,6	00:03:12	00:03:15	9
13	6	Fredrik Danell	70 Ekängens IF	1:37:33,2	0:15:51,5	00:03:11	00:03:25	16
14	61	Johan Bodelsson	82	1:38:58,7	0:17:17,0	00:03:09	00:03:26	17
15	52	Tobias Öberg	86 Teambunkern Göteborg	1:39:31,1	0:17:49,4	00:03:23	00:03:40	22
16	10	Olle Engström	88 Umara Sports Club	1:39:43,8	0:18:02,1	00:02:59	00:03:23	14
17	27	David Kristenson	89 Göteborg	1:40:06,6	0:18:24,9	00:03:28	00:03:40	23
18	5	Patrik Dahlberg	75 Jönköpings OK	1:40:11,1	0:18:29,5	00:04:06	00:03:17	11
19	33	Andreas Nelson	90 Hägersten	1:40:27,9	0:18:46,2	00:03:39	00:03:29	19
20	59	Martin Bergkvist	80 Team runners high	1:40:32,7	0:18:51,1	00:03:32	00:03:54	28
21	57	Jonas Holgersson	77 Huskvarna	1:40:35,2	0:18:53,6	00:03:46	00:04:01	30
22	29	David Tell	79 Huskvarna	1:40:54,7	0:19:13,1	00:03:27	00:03:58	29
23	62	Tomas Kraft	75 IK Hakarpspojarna	1:41:04,9	0:19:23,2	00:03:34	00:03:46	25
24	8	Mikael Döbel	79 JBIF	1:43:00,8	0:21:19,1	00:03:14	00:03:12	8
25	18	Stefan Holm	72 IK Akele	1:43:58,9	0:22:17,2	00:03:15	00:03:17	10

26	3	Ludvig Bergander	88	LK Gränslöst	1:44:50,9	0:23:09,2	00:03:49	00:03:39	21
27	35	Andreas Nygren	84	Jönköping	1:46:38,9	0:24:57,2	00:03:42	00:03:49	26
28	9	Pär Ekman	72	Team Bunkern	1:47:40,0	0:25:58,4	00:03:36	00:03:43	24
29	37	Simon Ragnar	83	Team Bunkern	1:50:19,9	0:28:38,3	00:03:44	00:04:16	33
30	13	Joel Gustafsson	87	Forserum	1:53:47,4	0:32:05,7	00:03:35	00:04:10	31
31	32	Thomas Månsson	77	Lerum	1:55:07,9	0:33:26,3	00:04:06	00:04:27	36
32	43	Tomas Stolpe	79	Team Bunkern	1:57:43,3	0:36:01,6	00:03:37	00:03:54	27
33	34	Janne Norrman	59	Team Bunkern	1:58:01,0	0:36:19,3	00:03:51	00:04:13	32
34	46	Robert Svanberg	64	Habo	2:00:07,8	0:38:26,2	00:04:11	00:04:26	35
35	2	Martin Beijer	79	Hovslätts IK	2:00:13,9	0:38:32,2	00:03:59	00:04:42	40
36	53	Jonas Alsén	73	Vaggeryd	2:00:27,8	0:38:46,2	00:04:13	00:05:27	49
37	28	Niclas Kullgard	70	Åby	2:01:37,6	0:39:56,0	00:04:17	00:04:39	38
38	56	Hans Danielsson	66	ABB IF	2:02:03,2	0:40:21,5	00:04:07	00:04:50	44
39	55	Jörgen Hermann-Grund	66	Danmark	2:02:03,2	0:40:21,6	00:04:09	00:04:46	43
40	42	Robert Shaw	78	Malmö	2:04:34,4	0:42:52,8	00:04:13	00:04:23	34
41	15	Herbert Gutierrez	70	Team Bunkern	2:07:56,7	0:46:15,0	00:04:37	00:05:01	46
42	1	Rasmus Axelsson	98	Växjö	2:08:30,1	0:46:48,5	00:04:16	00:05:15	47
43	48	Patrik Svensson	84	IES Jönköping	2:10:49,8	0:49:08,1	00:04:24	00:05:39	50
44	41	Tommy Sennerby Carlsson	85	Huskvarna	2:11:48,0	0:50:06,3	00:03:56	00:03:36	20
45	14	Tommy Gustavsson	69	Huskvarna	2:12:34,9	0:50:53,2	00:04:13	00:04:56	45
46	17	Joakim Harriesson	94	Kalmar	2:13:32,3	0:51:50,6	00:04:17	00:04:39	37
47	40	Linus Sandvide	95	Kalmar	2:13:38,1	0:51:56,4	00:04:20	00:04:46	42
48	4	Niklas Christiansson	89	Halmstad	2:17:54,2	0:56:12,5	00:04:16	00:05:19	48
49	63	Petter Björkeback	80	IK Hakarpspojarna	2:29:28,3	1:07:46,7	00:04:32	00:04:45	41
50	30	Anders Ledhagen	71	Jönköping	2:29:28,4	1:07:46,8	00:05:07	00:06:57	52
51	38	Henrik Ringdahl	70	Lund	2:29:29,0	1:07:47,4	00:04:36	00:04:42	39
52	49	Martin Svärd	71	Dingle	2:48:59,7	1:27:18,0	00:06:42	00:06:46	51
	7	Dick Darelid	85	Bankeryd	DNS				
	11	Eric Florin Ljungkvist	85	Borås	DNS				
	20	Andreas Hölne	85	Täby	DNS				
	21	Anton Ihrman	89	Jönköping	DNS				
	22	Tommy Ingesson	93	Malmbäck	DNS				
	24	Daniel Kangas	91	Jönköping	DNS				
	25	Linus Karlberg	89	Jönköping	DNS				

26	Marcus Karlsson	76	Taberg	DNS
31	Pontus Lindblad	89	Jönköping	DNS
36	Johan Persson	92	Jönköping	DNS
44	Frank Strand	79	Täby	DNS
51	Alexander Wiss	81	Huskvarna	DNS

## K 18 km

Plac	Nr	Namn	År	Klubb/stad	Tid	Avstånd	Backtid 1	Backtid 2	Backplac.
1	74	Julia Nayström	92	Team nordic trail	1:35:30,0		00:03:09	00:03:21	2
2	73	Emma Månsson	82	Lerum	1:36:38,8	0:01:08,8	00:03:31	00:03:24	4
3	83	Louise Beech	90	IKHP	1:37:21,1	0:01:51,2	00:03:14	00:03:35	5
4	86	Kristin Nordqvist	83	Eksjö	1:45:12,9	0:09:43,0	00:03:43	00:03:23	3
5	66	Elin Båge	85	Jönköping	1:54:14,1	0:18:44,2	00:03:08	00:02:50	1
6	76	Ulrika Nilsson	71	Springtöserna	1:54:22,2	0:18:52,3	00:03:46	00:04:12	9
7	80	Lovisa Sjöbring	93	Jönköping	1:55:37,6	0:20:07,6	00:03:52	00:04:11	8
8	82	Ida Welin	87	IF Hallby	1:56:26,7	0:20:56,7	00:03:25	00:03:45	7
9	72	Nina Myhre	63	Team Bunkern	1:58:01,2	0:22:31,2	00:03:45	00:03:42	6
10	50	Annika Karlsson	69	Springtöserna	2:00:04,2	0:24:34,3	00:04:11	00:04:29	10
11	68	Ida Erixon	82	Huskvarna	2:05:27,8	0:29:57,8	00:03:55	00:04:31	11
12	75	Sofia Nayström	88	Team nordic trail	2:06:32,9	0:31:03,0	00:04:20	00:04:39	12
13	69	Andreea Gustavsson	81	Lucani Free Runers	2:10:34,4	0:35:04,5	00:04:33	00:05:03	15
14	67	Linda Charlesson	74	Springtöserna	2:12:48,8	0:37:18,9	00:04:24	00:04:50	13
15	84	Malin Holmgren	68	Huskvarna	2:13:26,3	0:37:56,3	00:04:33	00:05:02	14
16	79	Julia Persson	81	Stockholm	2:16:04,2	0:40:34,2	00:04:22	00:05:28	16
17	85	Malin Qvinnström	88	Team Nordic Trail	2:37:27,5	1:01:57,5	00:05:41	00:06:03	17
18	78	Emma Persson	75	Umeå	2:43:21,8	1:07:51,9	00:05:52	00:06:54	18
	65	Kee Ahnström	83	jönköping	DNS				
	77	Caroline Nygren	81	Jönköping	DNS				
	81	Karolina Tekin	84	Bankeryd	DNS				

## M 10 km

Plac	Nr	Namn	År Klubb/stad	Tid	Avstånd	Backtid 1	Backplac.
1	165	Jonatan Fridolfsson	92 Sävedalen AIK	0:39:43,8		00:02:05	1
2	170	Gabriel Claesson	4 IF Hallby	0:42:00,2	02:16,4	00:02:18	2
3	156	Anton Grahn	4 IK Hakarpspojarna	0:46:34,7	06:50,9	00:02:36	3
4	132	Bennet Hägg	85 Jönköping	0:47:31,4	07:47,6	00:02:45	5
5	164	Fredrik Axelsson	80 Bankeryd Runners	0:49:45,7	10:01,9	00:02:46	6
6	162	Hannes Ottosson	96 IK Sisu Nässjö	0:51:30,0	11:46,2	00:03:07	10
7	135	Oskar Jonsson	89 Växjö	0:51:59,7	12:15,9	00:03:06	9
8	163	Gustav Tryggvesson	92 Jönköping	0:52:04,8	12:21,1	00:03:08	11
9	142	Viggo Nilsson	4 Ölmostad IS	0:53:45,0	14:01,2	00:03:27	19
10	145	Johan Palmer	78 Hallby	0:53:47,4	14:03,6	00:03:03	8
11	155	Rickard Wilhelmsson	74 Wilma Running	0:55:43,6	15:59,8	00:03:44	26
12	154	Håkan Wennerberg	80 SOK Aneby	0:55:59,6	16:15,8	00:03:56	32
13	139	Elias Munro	99 Vittaryd	0:57:13,0	17:29,2	00:03:27	18
14	138	Martin Klasson	82 Ulricehamns Triathleter	0:57:13,0	17:29,2	00:03:11	12
15	128	Christian Gustavsson	84 Jönköping	0:57:17,2	17:33,5	00:03:27	20
16	159	Johan Mood	88 Eksjö	0:57:29,1	17:45,3	00:02:37	4
17	120	Christian Alfredsson	81 Barnarp	0:58:28,6	18:44,8	00:03:37	22
18	160	Alfred Nilsson	4 IK Vista	0:58:34,1	18:50,3	00:02:59	7
19	140	Eliah Nilsson	0 Bredaryd	0:59:13,8	19:30,1	00:03:41	25
20	152	Johan Simonsson	76 Sisjöns runbjörnar och demoner	1:00:04,8	20:21,1	00:03:41	24
21	169	Olof Olsson	82	1:00:07,0	20:23,2	00:03:23	16
22	150	Björnåke Sevefelt	74 Lekeryd	1:00:40,3	20:56,5	00:03:49	28
23	157	Hannes Göbel	76 Sisjöns runbjörnar och demoner	1:01:09,4	21:25,6	00:03:49	27
24	143	Martin Olsson	91 HÖKENSÅS MCK	1:01:39,9	21:56,1	00:03:24	17
25	125	Niklas Eriksson	82 Gammalkil	1:02:18,9	22:35,2	00:04:04	34
26	136	Tobias Karlemi	78 Jönköping	1:02:19,7	22:36,0	00:03:52	30
27	161	Martin Källgård	76 Team Bunkern	1:02:46,6	23:02,8	00:03:59	33
28	131	Melker Holm	## IK Akele	1:03:10,8	23:27,0	00:03:12	13
29	129	Björn Hanson	76 Sisjön Runbjörnar och demoner	1:03:18,1	23:34,4	00:04:24	37
30	130	Bo Hildingsson	70 Växjö	1:03:47,1	24:03,4	00:04:11	35
31	149	Axel Röman	91 Jönköping	1:04:51,2	25:07,4	00:03:14	14
32	122	Viktor Andreasson	86 Högelids tennisklubb	1:04:55,8	25:12,0	00:03:56	31

33	45	Mikael Ståhlfors	83	MIT tough team	1:05:04,4	25:20,6	00:04:40	42
34	158	Joshua Hilben	90	Jönköping	1:06:21,3	26:37,6	00:04:34	40
35	126	Robert Falk	90	Vimmerby	1:06:22,5	26:38,7	00:03:37	23
36	144	Tor Olsson	74	Moliden AIS	1:06:48,3	27:04,5	00:04:52	44
37	123	Christian Bondesson	71	Wilma Running	1:07:42,2	27:58,4	00:04:25	38
38	124	Daniel Brusehed	76	Sisjöns runbjörnar och demoner	1:08:47,5	29:03,7	00:03:51	29
39	153	Kristian Thörnblom	76	Sisjöns runbjörnar och demoner	1:09:22,4	29:38,6	00:04:15	36
40	168	Pontus Lindblad	89		1:14:39,3	34:55,5	00:03:34	21
41	166	Anton Ihrman	89		1:14:39,3	34:55,5	00:03:15	15
42	167	Linus Karlberg	89		1:14:39,4	34:55,6	00:04:30	39
43	134	Jan-Erik Johansson	68	Bottnaryd	1:15:01,8	35:18,1	00:04:40	41
44	133	Carl Johansson	69	Emmaboda	1:17:21,0	37:37,3	00:05:09	45
45	127	Anders Forsberg	85	Högelids tennisklubb	1:18:40,2	38:56,4	00:04:50	43
	121	Inge Andersson	56	metal runners	DNS			
	137	Tomas Totto Karlsson	67	Kexholms SK Åseda	DNS			
	141	Peter Nilsson	68	Ölmstad is	DNS			
	146	Jesper Parö	89	IK Akele	DNS			
	147	Ahmet Rapi	98	Jönköping	DNS			
	148	Ruben Rapi	2	Jönköping	DNS			
	151	Vijaykumar Shetty	82	Hyderabad	DNS			

## K 10 km

Plac	Nr	Namn	År	Klubb/stad	Tid	Avstånd	Backtid 1	Backplac.
1	204	Sandra Kristof	85	Jönköping	0:57:18,4		00:03:23	1
2	203	Kristin Karlemi	81	Jönköping	0:58:38,6	01:20,1	00:03:40	4
3	196	Ida Holmström	92	Aneby	1:00:40,1	03:21,7	00:03:42	6
4	213	Sandra Wiklund	86	Forest Femmes	1:00:40,5	03:22,1	00:03:47	8
5	206	Johanna Nilsson	91	Växjö	1:03:12,6	05:54,2	00:03:32	3
6	210	Karin Sevefelt	80	Lekeryd	1:06:49,1	09:30,6	00:04:20	12
7	195	Mari Hjalmarson	88	Hägersten	1:07:04,7	09:46,3	00:03:54	9
8	201	Emmie Josefsson	89	Göteborg	1:07:16,8	09:58,4	00:03:56	10
9	202	Hanna Josefsson	86	Göteborg	1:08:04,3	10:45,9	00:04:22	13
10	191	Anna-Maria Fredholm	79	Stockholm	1:08:41,3	11:22,9	00:03:24	2
11	186	Sandra Brahesjö	79	Månsarp	1:08:50,2	11:31,8	00:03:43	7

12	212	Johanna Wiik	78	Majornas IK	1:09:25,7	12:07,3	00:03:42	5
13	199	Anna Jansson	95	Jönköping	1:10:36,8	13:18,4	00:04:54	19
14	214	Anneli Håkansson	69	Jönköping	1:11:24,9	14:06,5	00:04:18	11
15	189	Sofia Eriksson	69	Team Bunkern	1:14:22,9	17:04,5	00:04:59	21
16	207	Josefine Petersson	86	Göteborg	1:16:21,0	19:02,6	00:04:46	16
17	211	Dorotta Umiastowski	73	Jönköping	1:17:02,0	19:43,5	00:04:53	18
18	185	Elin Boström Holm	73	IK Akele	1:18:47,2	21:28,8	00:05:18	23
19	197	Margareta Huhta Nilsson	69	Team Bunkern	1:19:44,8	22:26,4	00:04:30	14
20	194	Malin Gutierrez	70	Team Bunkern	1:19:51,5	22:33,1	00:04:58	20
21	205	Maria Lindqvist	74	Emmaboda	1:19:59,2	22:40,8	00:05:58	25
22	209	Kerstin Rådmark	79	Mölnadal	1:21:50,7	24:32,3	00:04:52	17
23	187	Miriam Ceder	79	Hisings Backa	1:21:50,9	24:32,5	00:04:41	15
24	190	Josefine Franzén Kindström	94	Bankeryd	1:25:33,8	28:15,3	00:05:24	24
25	183	Eleonor Bergström	84	Stockholm	1:28:48,8	31:30,3	00:05:02	22
26	193	Julia Giesecke	84	Stockholm	1:42:33,9	45:15,5	00:07:30	27
27	184	Kicki Bergström	84	Stockholm	1:42:34,0	45:15,6	00:07:23	26
28	181	Lisa Bauer	84	Stockholm	1:42:34,5	45:16,1	00:09:16	28
	180	Emma Backteman	89	IK Akele	DNS			
	182	Christina Bergman	83	Nässjö	DNS			
	188	Emma Cederström	90	Göteborg	DNS			
	192	Lina Frisk	87	Nässjö	DNS			
	198	Michaela Jangmo	82	Bankeryd	DNS			
	200	Linnea Johansson	87	Nässjö	DNS			
	208	Amelia Reitter	91	Jönköping	DNS			

## P15

Plac	Nr	Namn	År	Klubb/stad	Tid	Avstånd	Backtid 1	Backtid 2	Backplac.
1	93	Eric Bunnvik	4	IK Hakarpspojarna	0:20:48,7		0:02:22,7	0:02:38,0	1
	90	Robin Larsson	5	LSSK	DNS				

**F15**

Plac	Nr	Namn	År	Klubb/stad	Tid	Avstånd	Backtid 1	Backtid 2	Backplac.
1	91	Alma Mennborg	5	IK Hakarpspojarna	0:19:37,1		0:02:20,0	0:02:17,3	1
2	92	Hilma Klarström	5	IK Hakarpspojarna	0:19:55,4	00:18,3	0:02:22,4	0:02:26,1	2
3	94	Matilda Grahn	7	Ik Hakrpspojarna	0:20:33,6	00:56,5	0:02:21,2	0:02:48,8	3

**P13**

Plac	Nr	Namn	År	Klubb/stad	Tid	Avstånd	Backtid 1	Backplac.
1	220	Anton Håkansson	7	IF Hallby SOK	0:09:26,0		0:02:12,6	2
2	221	Fredrik Tell	6	Huskvarna	0:09:31,7	00:05,7	0:01:57,2	1

**P11**

Plac	Nr	Namn	År	Klubb/stad	Tid	Avstånd	Backtid 1	Backplac.
1	224	Lukas Clasén	9	IK Hakarpspojarna	0:10:46,2		0:02:33,2	1
2	223	Tim Larsson	8	LSSK	0:10:49,9	00:03,7	0:02:33,8	2
3	239	Olle Rejnevik	9	Huskvarna IK	0:12:00,0	01:13,8	0:02:42,6	3
4	241	Mio Klasson	9	Ulricehamns OK	0:14:46,8	04:00,5	0:03:34,9	4
	225	Emil Mennborg	8	IK Hakarpspojarna	DNS			

**F11**

Plac	Nr	Namn	År	Klubb/stad	Tid	Avstånd	Backtid 1	Backplac.
1	226	Vera Dahlberg	8	Jönköpings OK	0:11:43,3		0:02:44,6	1
2	243	Viktoria Tell	8	IK Hakarpspojarna	0:12:06,9	00:23,6	0:02:49,0	4
3	236	Linnea Magnusson	9	IK Hakarpspojarna	0:12:19,3	00:36,0	0:02:47,0	2
4	228	Julia Walltin	9	IK Hakarpspojarna	0:12:31,6	00:48,3	0:02:48,4	3
5	227	Siri Hedblad	9	Bankeryd Runners	0:15:27,2	03:43,9	0:03:35,9	5

**P9**

<b>Plac</b>	<b>Nr</b>	<b>Namn</b>	<b>År Klubb/stad</b>	<b>Tid</b>	<b>Avstånd</b>	<b>Backtid 1</b>	<b>Backplac.</b>
1	230	Eddie Larsson	11 LSSK	0:10:14,8		0:02:33,7	1
2	232	Nicolas Gibson	11 IK Hakarspojkarna	0:11:00,9	00:46,1	0:02:35,8	2
3	229	Carl Friberg	10 Habo	0:11:11,0	00:56,2	0:02:36,3	3
4	233	Benjamin Tell	12 IK Hakarspojkarna	0:12:06,1	01:51,3	0:02:49,3	4
5	231	Elliot Clasén	12 IK Hakarspojkarna	0:13:20,9	03:06,1	0:02:53,4	5
7	240	Ulf Rejnevik	11 Egnahem BK	0:14:04,9	03:50,1	0:03:12,5	6
8	242	Alex Linga	10	0:15:09,4	04:54,6	0:03:47,9	7

**F9**

<b>Plac</b>	<b>Nr</b>	<b>Namn</b>	<b>År Klubb/stad</b>	<b>Tid</b>	<b>Avstånd</b>	<b>Backtid 1</b>	<b>Backplac.</b>
1	238	Lova Beijer	10 Jönköpings OK	0:13:17,6		0:02:50,6	1
2	234	Lovisa Dahlberg	10 Jönköpings OK	0:13:26,9	00:09,4	0:02:58,3	2
3	235	Felicia Walltin	11 IK Hakarspojkarna	0:14:01,4	00:43,8	0:03:06,2	3
4	237	Tuva Gillsberg	10 IF Hallby	0:15:23,7	02:06,1	0:03:36,3	4